# NEPAL NOVEMBER 23 - 30 KATHMANDU

This Nepal pilgrimage trip offers a profound spiritual journey. We will engage in Buddhist rituals, stay at a monastery guesthouse for daily meditation, witness breathtaking Himalayan vistas, explore vibrant cultural hubs, and visit the one of the most reputable singing bowl warehouse. The itinerary is designed to fully immerse us in the sacred energies and rich heritage of Nepal.



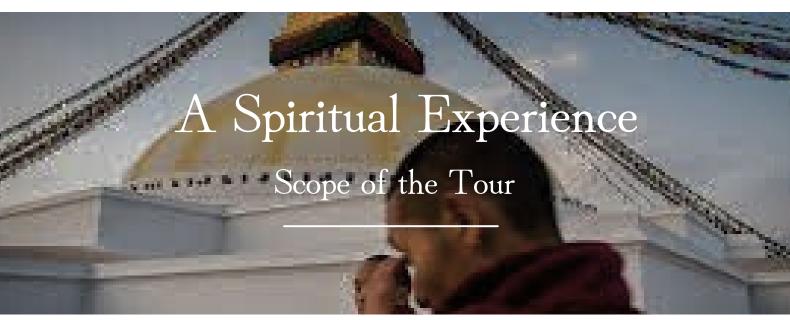














### Buddhist Community

Shakhya Tharig Monastery

Chatral Rinpoche's monastery

Shechen Monastery
Benchen Monastery
Namobuddha Monastery



#### Holy Sites, Kora, Pilgrimage

Guru Rinpoche Cave Vajrayogini Temple

Golden Temple

Swayambhunath Temple Mahabuddha Temple



## Sightseeing, Shopping, Culture & Fun

Patan Chandragiri

Durbar Square

Thamel

Bhaktapur



#### Classes, Meditation, Group Healing

Singing Bowl

Meditation

Buddhism

ABOVE AS REFERENCE AND SCOPE OF THE TOUR.
THE FINAL ITINERARY IS BASED ON WEATHER CONDITIONS AND TIME LIMITATIONS